

# UNITED in Heart Health

## American Heart Month

MONDAY  
FEBRUARY 10, 2025  
10AM - 12PM

STONE CREEK CLUB & SPA  
1201 Ochsner Blvd.  
Covington, LA

### Join St. Tammany Health System's heart care team

as they board the Be Well Bus and crisscross the Northshore throughout February – which is American Heart Month – to offer screenings and expert advice as part St. Tammany Health System's Red Sofa Campaign 2024.

Among the screenings and assessments conducted at tour stops are:

- Blood pressure screenings
- Carotid ultrasound
- Heart health assessment
- Stroke risk assessment
- Information on smoking / tobacco cessation
- And more!



St. Tammany Health System's mobile health unit



[StTammanyUNITED.org](https://StTammanyUNITED.org)