

LIGHTS & STARTERS

HUMMUS - \$10.95

Served with Grilled Pita Bread and Cucumbers

FETA FRIES - \$7.95

Greek Seasoned Fries Tossed with Feta Cheese

SOUTHWEST OUESADILLA – \$10.95

Grilled Chicken, Black Beans, Chipotle Ranch, Green Chiles, Pepper Jack & Cheddar Cheese

SALADS

CAESAR SALAD - \$11.95

Romaine Lettuce, Parmesan Cheese & Croutons

COBB SALAD - \$15.95

Chopped Chicken, Avocado, Diced Red Onion, Crumbled Bacon, Crumbled Bleu Cheese, Diced Tomato, Diced Egg & Romaine Lettuce

HOUSE SALAD - \$11.95

Mixed greens, Tomato, Cucumber, Cheddar Cheese, Carrots & Red Onion

ADD A PROTEIN TO ANY SALAD:

Salmon \$9.95 Chopped Chicken \$4.95 Fried Chicken Tenders \$4.95 Grilled Chicken Breast \$6.25

KIDS - PERBLE'S PICKS

Chicken \$9.95/Cheese Quesadilla \$7.95 Grilled or Fried Chicken Tenders \$9.95 Cheese Pizza \$7.95 Burger \$8.95 Mini Corn Dog \$7.95 Mac & Cheese \$7.95

WRAPS

CHICKEN CEASAR WRAP - \$12.95

Grilled Chicken Tenderloin, Romaine Lettuce, Parmesan Cheese & Caesar Dressing

PESTO CHICKEN WRAP - \$12.95

Grilled Chicken Tenderloin, Pesto, Swiss Cheese, Romaine Lettuce & Tomato

TURKEY & SWISS WRAP- \$12.95

Oven-roasted Turkey Breast, Spinach, Swiss Cheese, Tomato & Honey Mustard Dressing

SANDWICHES & BURGERS

CRAFT BLEND BURGER - \$13.95

8 oz Grilled Brisket, Short Rib & Chuck Blend on a Toasted Bun (+\$2 for Bacon)

TURKEY BURGER - \$13.95

Grilled Turkey Burger on a Toasted Bun

GRILLED CHICKEN SANDWICH - \$13.95

24 Hour Marinated Chicken Breast on a Toasted Bun

Wraps, Sandwiches & Burgers Come with Sweet Potato Fries, Regular Fries, Brown Rice or Black Beans

+\$2 to sub for: Rainbow Carrots, Fresh Fruit, Broccolini, Quinoa & Farro Blend, Green Beans, Cauliflower Rice +\$3 to sub for a Side Salad

PERFECT PLATE

Create a healthy and satisfying meal with your choice of protein and two sides:

Salmon \$18.95
Turkey Patty \$14.95
Angus Beef Patty \$14.95
Grilled Chicken \$14.95

BREAKFAST

SIMPLY EGGS - \$8.75

2 Eggs, 2 Slices of Toast & Your Choice of Protein

BREAKFAST SANDWICH - \$8.00

Egg, Cheese & Your Choice of Protein

EGG AND CHEESE OMELET - \$10.50

OATMEAL OR GRITS - \$3.00/\$4.50

PROTEIN OPTIONS:

Bacon - \$3.50 Turkey Bacon - \$3.95 Deli Turkey - \$2.75 Ham - \$2.75 Pork - \$3.75 Turkey Sausage - \$3.95

CUSTOMIZE IT:

Substitute Egg Whites - \$1.25 Onions - \$0.65 Bell Peppers - \$0.65 Mushrooms - \$0.65 Tomatoes - \$0.65 Spinach - \$0.65 Salsa - \$0.65

SIDES - A LA CARTE

FRESH FRUIT, BROCCOLINI, QUINOA & FARRO BLEND, GREEN BEANS, BROWN RICE, CAULIFLOWER RICE, BLACK BEANS, SWEET POTATO FRIES OR REGULAR FRIES – \$3.99